

Program 2023

 <https://ayurveda-symposium.org/en/programm-2023/?print=pdf>

 <https://ayurveda-symposium.org/en/programm-2023/?print=print>

Program - 25th International Ayurveda Symposium 2023

Exclusively live and on site in Birstein

This year's Ayurveda Symposium will take place exclusively as a **live conference** in Birstein, Germany, at the campus of the European Academy of Ayurveda. Participants will benefit from intensive networking and inspiration from the great personalities of Ayurveda. The symposium will kick off with the **Opening event** on Friday, September 15, 2023 from 6 pm. Registration for this in addition to the regular ticket is not necessary. Register in time, the **tickets are limited**.

Buy ticket » <https://ayurveda-symposium.org/en/product/ticket/>



Supported by the **AYUSH Ministry** of the Indian government

Chief guest: Vaidya Rajesh Kotecha Secretary to the Ministry of AYUSH, Government of India

Key topics 2023

	Highlights of the Symposium
	Healing Dimensions of the Elements (Pancamahabhuta)
	Strategies for the treatment and prevention of cancer
	Healing physical therapies in Ayurveda
	Specials

Friday, Sept. 15, 2023

Time CEST (IST)	Room Lakshmi
The Alumni Meeting and Gurukul are free and exclusive to graduates of the European Academy of Ayurveda - with registration only.	
11.00 - 13.00 (IST 14.30 - 16.30)	<p>Alumni Meeting: Practice cases and mentoring (https://ayurveda-symposium.org/en/seminare/alumni-treffen-nur-fuer-absolventen-der-europaeischen-akademie-fuer-ayurveda/)</p> <p> Details (https://ayurveda-symposium.org/en/seminare/alumni-treffen-nur-fuer-absolventen-der-europaeischen-akademie-fuer-ayurveda/)</p> <p> </p> <p>Room Lakshmi</p> <p>Prof. Dr. Shivenarain Gupta (IND) (https://ayurveda-symposium.org/en/referenten/prof-dr-shivenarain-gupta-ind/), HP Oliver Becker (D) (https://ayurveda-symposium.org/en/referenten/hp-oliver-becker-d/)</p>
13.00 - 14.00	Break and ayurvedic lunch
14.00 - 16.00 (IST 17.30 - 19.30)	<p>Gurukul - in dialogue with great personalities of Ayurveda (https://ayurveda-symposium.org/en/seminare/gurukul/)</p> <p> Details (https://ayurveda-symposium.org/en/seminare/gurukul/)</p> <p></p> <p>Room Lakshmi</p> <p>Prof. Dr. Shivenarain Gupta (IND) (https://ayurveda-symposium.org/en/referenten/prof-dr-shivenarain-gupta-ind/)</p>
Time CEST (IST)	Room Dhanvantari
 English	

The contributions on Friday evening are open to all interested participants - free of charge and without registration.

17.00 - 18.00

Check-in

18.00 - 19.00

(IST 21.30 - 22.30)

Welcome and introduction to the 25th International Ayurveda Symposium (<https://ayurveda-symposium.org/en/seminare/begrueessung-und-einfuehrung-in-das-25-internationale-ayurveda-symposium/>)



Details

(<https://ayurveda-symposium.org/en/seminare/begrueessung-und-einfuehrung-in-das-25-internationale-ayurveda-symposium/>)

**Room Dhanvantari****Chief Guest:**

Vaidya Rajesh Kotecha (Secretary, Ministry of AYUSH, Federal Government of India, New Delhi) - requested

Guests of honor:

Prof. Dr. Tanuja Nesari (Director, All India Institute of Ayurveda - AIIA, Delhi)

Dr. Manoj Nesari (Advisor, Head of Department of International Cooperation, Ministry of AYUSH, Government of India).

Prof. Sanjeev Sharma (Vice Chancellor, National Institute of Ayurveda NIA - University, Jaipur)

With greetings from:

Mark and Kerstin Rosenberg (Welcome by the Directors of REAA)

Prof. Dr. S.N. Gupta (Vice Chancellor MAM-University Nadiad, Head of the Scientific Advisory Board of REAA)

Fabian Fehl (Mayor of the municipality of Birstein)

Prof. Dr. Tanuja Nesari (Director, All India Institute of Ayurveda - AIIA, Delhi)

Vaidya Rajesh Kotecha (Secretary, Ministry of AYUSH, Federal Government of India, New Delhi) - requested

Representative of the Indian Embassy to Germany

19.05 - 20.20

Opening discussion on the anniversary

(IST 22.35 - 23.50)

Moderation: Mark Rosenberg

Time travel through 30 years of Ayurveda: about pioneering spirit, milestones and the health of tomorrow (<https://ayurveda-symposium.org/en/seminare/zeitreise-durch-30-jahre-ayurveda-von-pioniergeist-meilensteinen-und-visionen-fuer-die-zukunft/>)



Details

(<https://ayurveda-symposium.org/en/seminare/zeitreise-durch-30-jahre-ayurveda-von-pioniergeist-meilensteinen-und-visionen-fuer-die-zukunft/>)

**Room Dhanvantari**

Panelist: Dr. Nesari, Prof. Dr. Mishra, Prof. Dr. Gupta, Dr. Rammanohar

from 20.20

Get-together & ayurvedic 5 elements buffet

Five elements, five senses, five food stations in the garden - air, fire, water, earth and ether show themselves in their culinary dimension this evening.

Experience pleasure sometimes grounding, sometimes spirited, and always deliciously Ayurvedic!

Saturday, Sept. 16, 2023

Time CEST (IST)	Room Dhanvantari	Room Lakshmi	Spa Lounge
09.00 - 10.15 (IST 12.30 - 13.45)	Panel discussion Moderation: Mark Rosenberg		

Ayurveda between Medicine and Lifestyle in East and West
 (<https://ayurveda-symposium.org/en/seminare/ayurveda-between-medicine-and-lifestyle-in-east-and-west/>)

⌵ Details
 (<https://ayurveda-symposium.org/en/seminare/ayurveda-between-medicine-and-lifestyle-in-east-and-west/>)



Room Dhanvantari

Prof. Sanjeev Sharma (IND) - Guest of honor
 (<https://ayurveda-symposium.org/en/referenten/prof-sanjeev-sharma-d/>), Prof. Dr. Anupama Kizhakkeveettil (USA) (<https://ayurveda-symposium.org/en/referenten/prof-dr-anupama-kizhakkeveettil-usa/>), Dr. Prasanth Dharmarajan (IND) (<https://ayurveda-symposium.org/en/referenten/dr-prasanth-dharmarajan-ind/>), Dr. Mihir Hajarnavis (IND) (<https://ayurveda-symposium.org/en/referenten/hajarnavis-ind/>)

10.15 - 10.20 **Room change**

10.20 - 11.05 (IST 13.50 - 14.35)	VIP lecture Moderation/Translation: Oliver Becker	Workshop Moderation: Petra Wolfinger
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Consideration of diseases more dangerous than cancer
 (<https://ayurveda-symposium.org/en/seminare/von-krankheiten-die-krebs-an-gefaehrlichkeit-uebertreffen/>)

⌵ Details
 (<https://ayurveda-symposium.org/en/seminare/von-krankheiten-die-krebs-an-gefaehrlichkeit-uebertreffen/>)



Room Dhanvantari

Prof. Dr. Shivenarain Gupta (IND)
 (<https://ayurveda-symposium.org/en/referenten/prof-dr-shivenarain-gupta-ind/>)

Pariksha Siddhi - Secrets to the perfect diagnosis
 (<https://ayurveda-symposium.org/en/seminare/workshop-etrabhanglung-von-durch-hpv-verursachten-feigwarzen-mit-agnikarma/>)

⌵ Details
 (<https://ayurveda-symposium.org/en/seminare/workshop-etrabhanglung-von-durch-hpv-verursachten-feigwarzen-mit-agnikarma/>)



Room Lakshmi

Hans H. Rhyner MD (CH)
 (<https://ayurveda-symposium.org/en/referenten/hans-h-rhyner-md-ch/>)

11.05 - 11.25 **Break and networking**

11.25 - 12.55 (IST 14.55 - 16.25)	Lectures Moderation: Kerstin Rosenberg	Workshop Moderation: Petra Wolfinger
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Hearing loss and its treatment with Karana Purana

Details
 (https://ayurveda-symposium.org/en/seminare/und-die-behandlung-mit-karana-purana)



Room Dhanvantari

Prof. Sanjeev Sharma
 (IND) - Guest of honor
 (https://ayurveda-symposium.org/en/referenten/prof-sanjeev-sharma-d/)

Pancamahabhuta, Pancendriya - five elements and five senses as a systematic basis for healthy living from an Ayurvedic point of view.
 (https://ayurveda-symposium.org/en/seminare/pancamaahabhuta-pancendriya-fuenf-elemente-und-fuenf-sinne-als-systematische-basis-fuer-gesunde-lebensfuehrung-aus-ayurvedischer-sicht/)

Details
 (https://ayurveda-symposium.org/en/seminare/pancamaahabhuta-pancendriya-fuenf-elemente-und-fuenf-sinne-als-systematische-basis-fuer-gesunde-lebensfuehrung-aus-ayurvedischer-sicht/)



Room Dhanvantari

Dr. Ananda Chopra (D)
 (https://ayurveda-symposium.org/en/referenten/dr-med-ananda-chopra-d/)

Eating with the hand - the healing connection of senses and organs of action according to Indian tradition

Details
 (https://ayurveda-symposium.org/en/seminare/indische-tradition-mit-der-hand-zu-essen-die-verbinding-von-sinnes-und-handlungsorganen)



Room Dhanvantari

Dr. Mihir Hajarnavis (IND)
 (https://ayurveda-symposium.org/en/referenten/mhajarnavis-ind/)

Osteopathy and chiropractic as a complement to Ayurvedic therapies
 (https://ayurveda-symposium.org/en/seminare/osteopathie-und-chiropraktik-als-ergaenzung-zu-ayurvedischen-therapien/)

Details
 (https://ayurveda-symposium.org/en/seminare/osteopathie-chiropraktik-als-ergaenzung-zu-ayurvedischen-therapien/)

Room Lakshmi

HP (Physio) Heike Peltzer
 (D) (https://ayurveda-symposium.org/en/referenten/uwe-und-heike-peltzer-d/),
 Dr. med. Uwe Peltzer (D)
 (https://ayurveda-symposium.org/en/referenten/dr-med-uwe-peltzer-d/), Dr.
 Prasanth Dharmarajan
 (IND) (https://ayurveda-symposium.org/en/referenten/dr-prasanth-dharmarajan-pancamaahabhuta-pancendriya-fuenf-elemente-und-fuenf-sinne-als-systematische-basis-fuer-gesunde-lebensfuehrung-aus-ayurvedischer-sicht/)

13.00 - 14.00 **Break and ayurvedic lunch**
Information about the trainings in Ayurvedic Nutrition, Massage & Therapy and Psychology at the European Academy for Ayurveda
 Moderation: Kerstin and Mark Rosenberg

14.00 - 15.15	Lectures	Workshop	Lectures
(IST 17.30 - 18.45)	Moderator: N.N.	Moderation: Petra Wolfinger	Moderation: Dr. med. Kalyani Nagersheth

Strategies for the treatment and prevention of cancer according to Ayurvedic teachings

Details
 (https://ayurveda-symposium.org/en/seminare/fuer-die-behandlung-und-praevention-von-krebs-nach-der-ayurvedischen-lehre/)



Room Dhanvantari

Vaidya Sukumar S. Sardeshmukh (IND) (https://ayurveda-symposium.org/en/referenzen/vaidya-sukumar-s-sardeshmukh-ind/)

The role of Panchakarma in cancer prevention

Details
 (https://ayurveda-symposium.org/en/seminare/rolle-von-panchakarma-in-der-krebspraevention/)



Room Dhanvantari

Dr. Prasanth Dharmarajan (IND) (https://ayurveda-symposium.org/en/referenzen/dr-prasanth-dharmarajan-ind/)

Kalari therapy in Ayurveda: touch - encounter - movement (https://ayurveda-symposium.org/en/seminare/kalari-therapie-im-ayurveda-beruehrung-begegnung-bewegung/)

Details
 (https://ayurveda-symposium.org/en/seminare/kalari-therapie-im-ayurveda-beruehrung-begegnung-bewegung/)



Room Lakshmi

Karin Bachmaier (D) (https://ayurveda-symposium.org/en/referenzen/karin-bachmaier-d/)

The scientific background to sensual touch (https://ayurveda-symposium.org/en/seminare/das-fuehlen-luft-vayu-der-wissenschaftliche-hintergrund-zur-sinnlichen-beruehrung-2/)

Details
 (https://ayurveda-symposium.org/en/seminare/das-fuehlen-luft-vayu-der-wissenschaftliche-hintergrund-zur-sinnlichen-beruehrung-2/)



Spa Lounge

Dr. med. Kalyani Nagersheth (D) (https://ayurveda-symposium.org/en/referenzen/dr-med-kalyani-nagersheth-d/)

High sensitivity and how the knowledge about the Panamahabhutas supports everyday life (https://ayurveda-symposium.org/en/seminare/das-fuehlen-luft-vayu-der-wissenschaftliche-hintergrund-zur-sinnlichen-beruehrung/)

Details
 (https://ayurveda-symposium.org/en/seminare/das-fuehlen-luft-vayu-der-wissenschaftliche-hintergrund-zur-sinnlichen-beruehrung/)



Spa Lounge

Dr. med. Nadine Webering (D) (https://ayurveda-symposium.org/en/referenzen/dr-med-nadine-webering/)

15.15 - 15.35 Break and networking

15.35 - 16.50	Lectures	Workshop	Lectures
(IST 19.05 - 20.20)	Moderation: Dr. med. Christian Rackwitz	Moderation: Petra Wolfinger	Moderation: Kerstin Rosenberg

Ayurveda beyond wellness care: what does the science say
(<https://ayurveda-symposium.org/en/seminare/jenseits-von-wellness-wie-die-wissenschaft-dazu-steht/>)

Details
(<https://ayurveda-symposium.org/en/seminare/jenseits-von-wellness-wie-die-wissenschaft-dazu-steht/>)



Room Dhanvantari

Prof. Dr. Anupama Kizhakkeveetil (USA)
(<https://ayurveda-symposium.org/en/referenten/dr-anupama-kizhakkeveetil-usa/>)

The challenges for research in Ayurveda: the collaborative medicine and science (CoMS) concept
(<https://ayurveda-symposium.org/en/seminare/erausforderungen-fuer-die-ayurveda-forschung-das-konzept-der-zusammenarbeit-von-mezizin-und-wissenschaft-coms/>)

Details
(<https://ayurveda-symposium.org/en/seminare/erausforderungen-fuer-die-ayurveda-forschung-das-konzept-der-zusammenarbeit-von-mezizin-und-wissenschaft-coms/>)



Room Dhanvantari

Dr. med. Antonio Morandi (I) (<https://ayurveda-symposium.org/en/referenten/dr-med-antonio-morandi-i/>)

Ayurvedic diagnosis and therapy of cancer patients
(<https://ayurveda-symposium.org/en/seminare/agnostana-bei-muskoloskeletalerkrankungen/>)

Details
(<https://ayurveda-symposium.org/en/seminare/agnostana-bei-muskoloskeletalerkrankungen/>)



Room Lakshmi

Dr. Ananda Chopra (D) (<https://ayurveda-symposium.org/en/referenten/prof-med-ananda-chopra-d/>)

Nadi svedana for musculoskeletal diseases
(<https://ayurveda-symposium.org/en/seminare/nadi-svedana-bei-muskoloskeletalerkrankungen/>)

Details
(<https://ayurveda-symposium.org/en/seminare/nadi-svedana-bei-muskoloskeletalerkrankungen/>)



Spa Lounge

Dr. med. Annette Müller-Leisgang (D) (<https://ayurveda-symposium.org/en/referenten/dr-med-annette-mueller-leisgang-d/>)

Ayurvedic prevention of dental foci as a cause of cancers
(<https://ayurveda-symposium.org/en/seminare/ayurvedische-praevention-von-zahnherden-als-ursache-von-krebskrankungen/>)

Details
(<https://ayurveda-symposium.org/en/seminare/ayurvedische-praevention-von-zahnherden-als-ursache-von-krebskrankungen/>)



Spa Lounge

D.M.D. Annette Jasper (D) (<https://ayurveda-symposium.org/en/referenten/jasper-d/>)

16.50 - 17.10

Break and networking

17.10 - 18.25

VIP Lectures

(IST 20.40 - 21.55)

Moderation: Kerstin Rosenberg

Presentations

Moderation: Prof. Dr. Martin Mlttwede

Recognizing and using the healing power of food and herbs - with a case study from complementary cancer therapy

Details
(<https://ayurveda-symposium.org/en/seminare/n-n-5/>)



Room Dhanvantari

Prof. Dr. Tanuja Nesari (IND) - Guest of honor
(<https://ayurveda-symposium.org/en/referenten/prof-dr-tanuja-nesari-ind/>)

Holistic healing and therapy approaches of the elements (Panmahabhutas) for body and psyche
(<https://ayurveda-symposium.org/en/seminare/panmahaboutha-und-heilung/>)

Details
(<https://ayurveda-symposium.org/en/seminare/panmahaboutha-und-heilung/>)



Room Dhanvantari

Prof. Dr. S.K. Mishra (IND) (<https://ayurveda-symposium.org/en/referenten/prof-dr-s-k-mishra-ind/>)

Ayurveda master thesis - research results 2023
(<https://ayurveda-symposium.org/en/seminare/forschungsergebnisse-aus-den-ayurveda-masterarbeiten-2023/>)

Details
(<https://ayurveda-symposium.org/en/seminare/forschungsergebnisse-aus-den-ayurveda-masterarbeiten-2023/>)



Spa Lounge

Graduates of the European Academy of Ayurveda:
HP Verena Burghard MSc (Ayu), Gabriela Karall MSc (Ayu), HP Alice Mertens MSc (Ayu) and others

18.25 - 20.00	Ayurvedic dinner & get-together
20.00 - 20.30	Indian classical music for mental health in Ayurveda therapy Performed live by Dr. Shubham Kulkarni
20.30 - 22.00	Evening talk - Face-to-face with great personalities in Ayurveda medicine

Sunday, 17 Sept. 2023

Time CEST (IST)	Room Dhanvantari	Room Lakshmi
09.00 - 09.45 (IST 12.30 - 13.15)	<p>VIP lecture</p> <p>Moderation: Prof. Dr. Martin Mittweide</p> <p>Integrative oncology: how Ayurveda can address unmet needs in global cancer care (https://ayurveda-symposium.org/en/seminare/integrative-onkologie-wie-ayurveda-globale-bedarfsluecken-in-der-krebsbehandlung-fuellen-kann/)</p> <p>Details (https://ayurveda-symposium.org/en/seminare/integrative-onkologie-wie-ayurveda-globale-bedarfsluecken-in-der-krebsbehandlung-fuellen-kann/)</p> <p> Room Dhanvantari</p> <p>Vaidya P. Rammanohar (IND) (https://ayurveda-symposium.org/en/referenten/dr-ram-manohar-ind/)</p>	<p>VIP lecture</p> <p>Moderation: Petra Wolfinger</p> <p>The three therapeutic approaches of Ayurvedic medicine: yuktivyapashraya, daivavyapashraya and sattvavajaya (https://ayurveda-symposium.org/en/seminare/die-drei-therapieansetze-der-ayurveda-medizin-yuktivyapashraya-daivavyapashraya-und-sattvavajaya/)</p> <p>Details (https://ayurveda-symposium.org/en/seminare/die-drei-therapieansetze-der-ayurveda-medizin-yuktivyapashraya-daivavyapashraya-und-sattvavajaya/)</p> <p> Room Lakshmi</p> <p>HP Oliver Becker (D) (https://ayurveda-symposium.org/en/referenten/hp-oliver-becker-d/)</p>
09.45 - 09.50	Room change	
09.50 - 11.05 (IST 13.20 - 14.35)	<p>Lectures</p> <p>Moderation: Prof. Dr. Martin Mittweide</p> <p>Orthodox medicine and Ayurveda - an integrative treatment concept in neurology (https://ayurveda-symposium.org/en/seminare/schulmedizin-und-ayurveda-ein-integratives-behandlungskonzept-in-der-neurologie/)</p> <p>Details (https://ayurveda-symposium.org/en/seminare/schulmedizin-und-ayurveda-ein-integratives-behandlungskonzept-in-der-neurologie/)</p> <p> Room Dhanvantari</p> <p>Dr. Sandra Szymanski (D) (https://ayurveda-symposium.org/en/referenten/dr-med-sandra-szymanski-d/)</p> <p>Evidence-based Ayurvedic treatment of liver cirrhosis (https://ayurveda-symposium.org/en/seminare/die-ayurvedische-behandlung-von-leberzirrhose/)</p> <p>Details (https://ayurveda-symposium.org/en/seminare/die-ayurvedische-behandlung-von-leberzirrhose/)</p> <p> Room Dhanvantari</p> <p>Dr. Manish Patel (IND) (https://ayurveda-symposium.org/en/referenten/dr-manish-patel-ind/)</p>	<p>Workshop</p> <p>Moderation: Petra Wolfinger</p> <p>Quality of touch - the different levels in Ayurvedic and Marma treatments (https://ayurveda-symposium.org/en/seminare/beruehrungsqualitaet-die-verschiedenen-ebenen-bei-ayurvedischen-und-marma-behandlungen/)</p> <p>Details (https://ayurveda-symposium.org/en/seminare/beruehrungsqualitaet-die-verschiedenen-ebenen-bei-ayurvedischen-und-marma-behandlungen/)</p> <p> Room Lakshmi</p> <p>Carmen Tosto (I) (https://ayurveda-symposium.org/en/referenten/carmen-tosto-i/)</p>
11.05 - 11.25	Break and networking	
11.25 - 12.55 (IST 14.55 - 16.25)	<p>Lectures</p> <p>Moderation: Theresa Rosenberg</p>	<p>Lectures</p> <p>Moderation: Petra Wolfinger</p>

Palliative care for cancer patients through Ayurveda and Indian classical music (<https://ayurveda-symposium.org/en/seminare/palliativmedizin-fuer-krebspatienten-mit-ayurveda-und-klassischer-indischer-musik/>)

Details
(<https://ayurveda-symposium.org/en/seminare/palliativmedizin-fuer-krebspatienten-mit-ayurveda-und-klassischer-indischer-musik/>)



Room Dhanvantari

Dr. Shubham Kulkarni (IND)
(<https://ayurveda-symposium.org/en/referenten/dr-shubham-kulkarni-ind/>)

The effect of Shiro Pichu on hospice and outpatients with affective disorders (<https://ayurveda-symposium.org/en/seminare/der-effekt-von-shiro-pichu-auf-hospiz-und-ambulante-patienten-mit-affektiven-stoerungen/>)

Details
(<https://ayurveda-symposium.org/en/seminare/der-effekt-von-shiro-pichu-auf-hospiz-und-ambulante-patienten-mit-affektiven-stoerungen/>)



Room Dhanvantari

Dr. Chiara Mariani (I)
(<https://ayurveda-symposium.org/en/referenten/dr-med-chiara-mariani-i/>)

Vulvodynia and Ayurveda: an integrated approach (<https://ayurveda-symposium.org/en/seminare/vulvodynia-und-ayurveda-ein-integrativer-ansatz/>)

Details
(<https://ayurveda-symposium.org/en/seminare/vulvodynia-und-ayurveda-ein-integrativer-ansatz/>)



Room Dhanvantari

Dr. Federica Brunetti (I)
(<https://ayurveda-symposium.org/en/referenten/dr-federica-brunetti-i/>)

The importance of aromatherapy for physical and emotional healing

Details
(<https://ayurveda-symposium.org/en/seminare/die-erde-prithivi-die-bedeutung-der-aromatherapie-fuer-heilung-auf-koerperlicher-und-emotionaler-ebene/>)



Room Lakshmi

Gabriela Paleta (PT)
(<https://ayurveda-symposium.org/en/referenten/gabriela-paleta-pt/>)

Jala & Rasa - healing cuisine for body and psyche with six flavours (<https://ayurveda-symposium.org/en/seminare/jala-rasa-heilsam-kochen-fuer-koerper-und-psyche-mit-sechs-geschmaeckern/>)

Details
(<https://ayurveda-symposium.org/en/seminare/jala-rasa-heilsam-kochen-fuer-koerper-und-psyche-mit-sechs-geschmaeckern/>)



Room Lakshmi

Kerstin Rosenberg (D)
(<https://ayurveda-symposium.org/en/referenten/kerstin-rosenberg-d/>)

Space & ether (Akasha): sounds and their influence on the human organism (<https://ayurveda-symposium.org/en/seminare/space-and-ether-akasha-the-sense-of-hearing/>)

Details
(<https://ayurveda-symposium.org/en/seminare/space-and-ether-akasha-the-sense-of-hearing/>)



Room Lakshmi

Mark Rosenberg (D)
(<https://ayurveda-symposium.org/en/referenten/mark-rosenberg-d/>)

13.00 - 14.00

Break and ayurvedic lunch

Information on further training for doctors and the study of Ayurveda medicine at the European Academy of Ayurveda (in the Dhanvantari room)
Moderation: Prof. Dr. Martin Mittwede

14.00 - 15.15

Lectures

Moderation: Theresa Rosenberg

Lectures

Moderation: Prof. Dr. Martin Mittwede

(IST 17.30 - 18.45)

Ksheeradhara, the milk bath with medicines: potentials and possibilities (<https://ayurveda-symposium.org/en/seminare/das-medizinisierte-milchbad-ksheera-dhara-potenziale-und-moeglichkeiten/>)

Details
(<https://ayurveda-symposium.org/en/seminare/das-medizinisierte-milchbad-ksheera-dhara-potenziale-und-moeglichkeiten/>)



Room Dhanvantari

Prof. Ashtavaidyan Narayanan Nambi (IND) (<https://ayurveda-symposium.org/en/referenten/prof-ashtavaidyan-narayanan-nambi-ind/>)

Ayurvedic understanding of autoimmune diseases (<https://ayurveda-symposium.org/en/seminare/das-ayurvedische-verstaendnis-von-autoimmunkrankheiten/>)

Details
(<https://ayurveda-symposium.org/en/seminare/das-ayurvedische-verstaendnis-von-autoimmunkrankheiten/>)



Room Dhanvantari

Vd. Hitesh Vyas (IND) (<https://ayurveda-symposium.org/en/referenten/vd-hitsh-vas-ind/>)

Panchamahabhuta theory: The foundation of Ayurveda (<https://ayurveda-symposium.org/en/seminare/die-panchamahabhuta-theorie/>)

Details
(<https://ayurveda-symposium.org/en/seminare/die-panchamahabhuta-theorie/>)



Room Lakshmi

Dr. Sandeep Nair (D) (<https://ayurveda-symposium.org/en/referenten/sandeep-nair-d/>)

The elements behind the doshas - for a deeper understanding in therapeutic practice (<https://ayurveda-symposium.org/en/seminare/die-elemente-hinter-den-doshas-fuer-ein-tieferes-verstaendnis-in-der-therapeutischen-praxis/>)

Details
(<https://ayurveda-symposium.org/en/seminare/die-elemente-hinter-den-doshas-fuer-ein-tieferes-verstaendnis-in-der-therapeutischen-praxis/>)



Room Lakshmi

Prof. Dr. Martin Mittwede (D) (<https://ayurveda-symposium.org/en/referenten/prof-dr-martin-mittwede-d/>)

15.15 - 15.35

Break and networking

15.35 - 16.50

Panel discussion

(IST 19.05 - 20.20)

Moderation: Antonio Morandi, M.D.

The healing vision through Panchamahabhuta (<https://ayurveda-symposium.org/en/seminare/podiumsdiskussion/>)

Details
(<https://ayurveda-symposium.org/en/seminare/podiumsdiskussion/>)



Room Dhanvantari

Dr. med. Antonio Morandi (I) (<https://ayurveda-symposium.org/en/referenten/dr-med-antonio-morandi-i/>),
Vaidya P. Rammanohar (IND) (<https://ayurveda-symposium.org/en/referenten/dr-ram-manohar-ind/>), Prof.
Ashtavaidyan Narayanan Nambi (IND) (<https://ayurveda-symposium.org/en/referenten/prof-ashtavaidyan-narayanan-nambi-ind/>)

16.55 - 17.10

Farewell and closing session

Moderation: Kerstin & Mark Rosenberg